For information on becoming a Nursing Aide, Orderly, or Attendant, see Sources of additional information within this brochure.

For information on youth employment opportunities, contact a career counselor at your high school or employment counselor or job and information center coordinator at your local NH Employment Security Office.

Berlin (752-5500)

151 Pleasant St., PO Box 159, 03570-0159

Claremont (543-3111)

404 Washington St., PO Box 180, 03743-0180

Concord (228-4100)

10 West St., PO Box 1140, 03302 - 1140

Conway (447-5924)

518 White Mountain Highway, 03818-4205

Keene (352-1904)

109 Key Rd., 03431-3926

Laconia (524-3960)

426 Union Ave., PO Box 760, 03246-2894

Lebanon (448-6340)

85 Mechanic St., Ste.4, 03766-1506

Littleton (444-2971)

646 Union St., Ste. 100, 03561-5314

Manchester (627-7841)

300 Hanover St., 03104-4957

Nashua (882-5177)

6 Townsend St., 03060-3285

Portsmouth (436-3702)

2000 Lafeyette Rd., 03801-5673

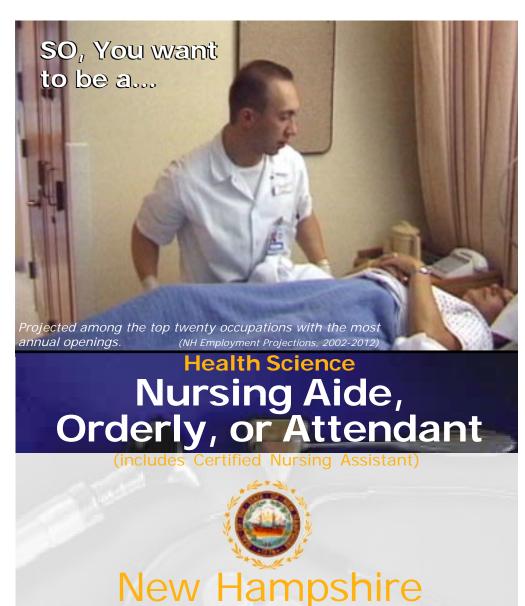
Salem (893-9185)

29 South Broadway, 03029-3026

Somersworth (742-3600)

243 Rt.108, 03878-1512





Here are
a few things
you should know.

-1017 MUCKWOZ/00

You'll want to know a few things about this career. Avg Hrly Wage: \$11.32 Expected Growth Rate*:

Openings: 258
Training/Educ

Avg Annual

Needed:
Short On-the-Job

Training or
Apprenticeship
License required to
practice within NH.
To see if programs
are available in NH
go to (NHetwork) at
www.nhes.state.nh.us/
nhetwork/

Basic Skills:

Listening, speaking.

Job Skills:

Service orientation, social perceptiveness, active listening, coordination, speaking, technology design, reading comprehension, writing, equipment selection, operation monitoring, monitoring, operation and control.)



- 1. Feeds patients unable to feed themselves.
- 2. Sets up equipment, such as oxygen tents, portable x-ray machines, and overhead irrigation bottles.
- 3. Prepares food trays.
- 4. Bathes, grooms, and dresses patients.
- 5. Assists patient to walk.
- 6. Turns and re-positions bedfast patients, alone or with assistance, to prevent bedsores.
- 7. Transports patient to areas, such as operating and x-ray rooms.
- 8. Measures and records food and liquid intake and output.
- 9. Administers massages and alcohol rubs.
- 10. Measures and records vital signs.
- 11. Sterilizes equipment and supplies.12. Administers medication as directed by physician or nurse.
- 13. Administers catheterizations, bladder irrigations, enemas, and douches.
- 14. Cleans room and changes linen.
- 15. Stores, prepares, and issues dressing packs, treatment trays, and other supplies.

www.onetcenter.org

Interests
(Holland Code):
SRE
(Social,
Realistic,
Enterprising)
Interest Area:
Health Science
Working Conditions: Comfortable, well
lighted, clean
environment.

(May spend considerable time walking and standing. Must observe rigid safety guidelines. Must have emotional stability to cope with the stresses of the job. May sometimes have unpleasant duties.)

Avg Work Week:

40Hrs. (Some may work evenings, weekends, and

holidays. Many work part time.)

Sources of additional info: NH Employment Security (Contact office nearest you or go online to www.nhes.state.nh.us).

National Association for Home Care, 228 7th St., SE., Washington, DC 20003 www.nahc.org).

